

Child and Youth Wellbeing Strategy
Wellbeing Domains

The Six Wellbeing Domains:

Being loved, safe *and valued*

Being loved, safe and **valued** means that children and young people:

- have a safe, stable and supportive home environment
- have positive, trusted relationships with other people
- feel safe, secure and protected at home, in the community ***and online***
- feel valued and respected ***by teachers and other adults in their life*** **and know that they are important to others**
- have a voice and the ability to raise concerns and have these concerns addressed
- ***feel safe about their future, the environment and climate***

Having material basics

Having material basics means that children and young people:

- have access to ***suitable, secure*** stable housing ***with adequate heating and cooling***
- have access to appropriate clothing and footwear
- have access to nutritious food and clean water
- ***have access to transport, required local services*** and materials to support participation in activities
- have access to education and training materials
- ***have access to the outdoors and green space***

Being healthy

Being healthy means that children and young people:

- are mentally and physically healthy
- ***are health literate and*** have access to appropriate health and care service
- are emotionally well, happy and supported
- are immunised
- are as physically active as they can be
- ***are supported to engage in regular outdoor activities and nature-based play***



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Learning

Learning means children and young people:

- are attending and engaging in education, training or employment
- are supported to learn by their caregiver and education providers
- are participating in early childhood education
- ***have their individual learning needs addressed to allow them to realise their learning potential***
- are developing literacy and numeracy skills appropriate to age
- ***are supported to learn about their world through connection to nature and the outdoors***

Participating

Participating means children and young people:

- are engaging with peers and community groups
- are an active participant in their own life; including being able to have a say and have their opinion heard and valued
- are taking part in organised activities, including sport
- have access to and use technology and social media
- ***can share experiences in nature and express their environmental views***

Having a positive sense of culture and identity

Having a positive sense of culture and identity means children and young people:

- can find out about family and personal history and are supported to connect positively with their culture
- have a positive sense of self-identity and self-esteem
- feel like they belong
- are in touch with cultural or spiritual practices and have these practices valued and respected
- ***can connect to nature and are supported to identify their core values about the environment as part of their culture and identity***